

18 Men

The Entrance Lakers
Bankstown Bruins
Hills Hornets
Illawarra Hawks

18 Women

Norths Bears
Sydney Comets
Illawarra Hawks
Hornsby Spiders

16 Men

Norths Bears
Sydney Comets
Sutherland Sharks
Illawarra Hawks

16 Women

Sutherland Sharks
Penrith Panthers
Goulburn Bears
Sydney Comets

14 Men

Bankstown Bruins
Coffs Harbour Suns
Norths Bears
Illawarra Hawks

14 Women

Sydney Comets
Coffs Harbour Suns
Hills Hornets
Illawarra Hawks

12 Men

Hills Hornets
Gosford City Rebels
Illawarra Hawks
Norths Bears

12 Women

Coffs Harbour Suns
Gosford City Rebels
Sydney Comets
Penrith Panthers