



PARRAMATTA BASKETBALL SCHOOL HOLIDAY CAMP



Venue: Auburn Basketball Centre (Wyatt Park - entrance off Church Street,) Lidcombe

Dates: 20-23 July 2009

Hours: 9:30 am - 3:00 pm

Ages: Open to all players (boys and girls)

Cost: \$90 for the four-day camp
(\$80 for the second and other child)

OR

\$30 per day per child (\$25 for second child per day)

*****Early Bird Rate*****

Reduced cost is \$80 for the four-day camp (\$70 for the second child) if registration and payment is made in full by Friday 10th July



Details:

The Parramatta Basketball School Holiday Camp is a developmental camp for players of all levels and abilities. Campers are taught all aspects of the game with an emphasis being placed on fundamentals and team play. Campers will learn new drills to help improve their overall skills while enjoying a fun, energetic, and positive camp atmosphere.

TYPICAL DAY SCHEDULE

9.30am	- Attendance/ Announcements
9.45am	- Warm-up and stretch
10.00am	- Skills Stations
11.30am	- Games
12.00pm	- Lunch
1.00pm	- Warm-up and stretch
1.15pm	- Skills Stations
2.00pm	- Games/Competitions
3.00pm	- Group meeting/ Depart



Daily features include:

- Lectures/videos by Coaching Staff
- Games/Contests/Giveaways

Competitions include:

- Hot Shot Contest
- Free Throw Shooting Contest
- 3pt Shooting Contest
- One on one contest

Campers Note:

- Participants can either bring their own lunch or pre-order it at the canteen each morning. Canteen facilities will be available for the duration of the camp. Players can bring their own drink and drink bottle or purchase water or juice through the canteen.
- Participants should bring their own basketball to camp

FULL PAYMENT *must* accompany each camper's application at the time of registration.

*Improve
your
game*

Enrollment is Limited!!

For more information contact:
Parramatta Basketball Association
Phone Enquiries: 02 9646 5343
Email: parramattabbal@iinet.net.au

*Register early
to get into
the right
group*