

**BASKETBALL AUSTRALIA
NATIONAL INTENSIVE TRAINING CENTRE PROGRAM
2008/2009 NEW SOUTH WALES SQUAD – INFORMATION**

- Basketball Australia's National Intensive Training Centre Program is a model for players & coaches for teaching individual and team fundamentals and also presents aspects of sports science and medicine to become a high level player and coach
- The National ITCP is the key component of Basketball Australia's national player and coach identification and development strategy
- Basketball Australia's NITCP was established because of an identified need for a more systematic, thorough and unified national approach to identify and develop outstanding junior basketballers in every State and Territory in Australia.
- It was identified that a network of coaches be established and continuing development of this network of coaches be undertaken to ensure the thorough and contemporary delivery of the technical program to the athletes
- Internationally, the NITCP is recognised as one of the best junior development programs in the world. Spain, Croatia, France, New Zealand, USA, Sweden, Japan and South Africa have displayed interest in the program

WHAT IS THE COMMITMENT REQUIRED FROM NITCP SCHOLARSHIP HOLDERS?

- Attend up to four weekend camps, the first to be held in October 2007
- Attend weekly-supervised sessions with an NITCP Network Coach.
- Attend supervised sessions periodically with the NSW NITCP Head Coach.
- You must make yourself available for selection in the NSW State teams program, as well as BNSW Development Tours, such East Coast Challenge, Australian Country Junior Basketball Cup & Pacific Coast Slam
- Attend ALL scheduled NITCP camps, events, session and activities.
- Maintain a satisfactory level of academic performance and display appropriate behavioural standards at school (includes submitting all school reports).
- Keep written records of weekly schedules in training diary and regularly submit to the supervising NITCP Network coach.
- Adhere to policies of Basketball Australia and Basketball NSW NITCP.

For more information on the NITCP in NSW, contact Peter Lonergan.
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Athlete Selection

Aim

The aim of Basketball Australia's National Intensive Training Centre Program is to identify and select outstanding basketball athletes, aged between 14-17 years (born 1995/1994/1993/1992), to an NITCP Squad, and develop their mental skills, individual skills and team concepts which will enable them to compete successfully at national and international level. Selection to an NITCP Squad is for a 12-month period.

Background

Over the past fifteen years, Basketball Australia has spent considerable time formulating and developing a selection process and criteria that is comprehensive and inclusive. This criteria and method, provides our coaches with an important and effective selection process.

The NITCP is an elite youth development program designed to provide intensive coaching and development opportunities to young players. While it operates alongside the BNSW State Junior Representative Teams program, a position in the NITCP does not automatically mean a position in a NSW state team.

Selection Criteria & Propose

Subjectivity Is an Unavoidable Element of Selection to an NITCP Squad

Each athlete will be considered against all criteria.

- Outstanding potential to compete successfully at national and international level
- Athletic ability e.g. speed, height, quick hands and strength
- Desire to become a national player
- Potential to be socially compatible and display a sense of “team ethic” within a group
- Demonstrated attitude to become an exceptional basketball player
- Be highly receptive to coaching
- Demonstrated desire to succeed not only in basketball, but in educational, vocational and personal life
- Outstanding desire and commitment to working hard at improving mental, physical and basketball skills

Selection Process

Any athlete interested in applying for the NSW NITCP squad should do so by completing the appropriate form and returning it prior to the closing date.

Once applications close, the list of applicants is sent to the NSW NITCP Coaching Network for their recommendations, with the NSW NITCP Head Coach all taking recommendations from senior coaches in the BNSW development programs.

The athlete’s potential to meet the selection criteria is assessed by the State NITCP Head Coach through;

- Observation and evaluation of the athletes at development camps & events
- Observation and evaluation of the athletes performance at club games
- Observation at BNSW Development Tour events
- State squad selection trials
- Specific NITCP camps
- Performance at National Championships
- Consultation with Association Directors of Coaching and NITCP Network Coaches

At the conclusion of the above process of observation, consultation and evaluation, the State NITCP Head Coach will make the final selection relative to the selection criteria.

AS A POTENTIAL NITCP ATHLETE, ARE YOU PREPARED TO MEET THE FOLLOWING NITCP COMMITMENTS?

Successful applicants **MUST** be prepared to commit to the following:

- Attend up to four weekend camps, the first to be held October 3 – 5, 2008 - all other camp dates to be confirmed.
- Attend weekly supervised sessions with an NITCP Network Coach.
- Attend supervised sessions periodically with the NSW NITCP Head Coach.
- You **must** make yourself available for selection in the NSW State teams program, as well as BNSW Development Tours & associated qualifying events.
- Attend ALL scheduled NITCP camps, events, session and activities.
- Maintain a satisfactory level of academic performance and display appropriate behavioural standards at school (includes submitting all school reports).
- Adhere to policies of the Basketball Australia and Basketball NSW NITCP.
- A levy of \$300/athlete applies for involvement in the NITCP, which off-sets the costs of 4 camps, plus uniform, training diary and strength & conditioning program

The 2008/2009 NSW NITCP Squad will be announced Friday, September 12, 2008