

BASKETBALL NSW LEVEL 2 COACH COURSE INFORMATION SHEETS

Basketball NSW has developed a new delivery structure for the Integrated Level 2 Basketball Coaches Course. It is no longer necessary for coaches to initially register as a member of the whole Level 2 course. They will be able to complete the five components of the course quite independently, at their own pace.

The course has now been broken up into five separate, independent BNSW Grade 2 Coaching Courses. Suitably qualified coaches may register for, pay for and undertake each of these courses as they are offered. Once an independent BNSW Grade 2 Course is successfully completed, they will be provided with a certificate of attainment for that course. To gain their Level 2 Basketball Coaching Certificate and Accreditation, they must then submit certificates of attainment to BNSW for all of the five BNSW Grade 2 Courses that make up the Level 2 Coaching Course, along with the application form and fee.

The Modules that make up the Level 2 Course are:

Basketball NSW Grade 2 Coaching Course 1:

Coaching and Developing the Individual and Team

Basketball NSW Grade 2 Coaching Course 2:

Coaching the Game and Role of the Coach

Basketball NSW Grade 2 Coaching Course 3:

Principles of Training, Planning and Sports Medicine

Basketball NSW Grade 2 Coaching Course 4:

Science in Coaching

Basketball NSW Grade 2 Coaching Course 5:

BNSW Grade 2 Practical Basketball Coaching

CONDUCT OF LEVEL 2 COURSE COMPONENTS

The demand from coaches for places at the integrated Level 2 Certificate Component Courses is not generally great enough to allow BNSW to run the course components with great frequency. This is because of the large amount of content in the course, the level of work involved to meet course requirements and the post Level 1 coaching experience required to enable coaches to undertake the course. Therefore, it is generally only viable to conduct the component Grade 2, Certificate 1 & 2 courses every 12 to 18 months. To offset this, and allow coaches to commence components of the course at any time that suits them, the Grade 2, Certificate 3 & 4 components are available by correspondence. Coaches who meet the course pre-requisites may enrol and undertake the correspondence Grade 2, Certificate 3 or 4 at any time that suits them. The Grade 2, Certificate 5 involves compliance with the practical coaching requirements of the integrated Level 2 Course, and can be completed through meeting those requirements through practical coaching with your local association representative program (see more detailed course information that follows).

Generally, availability of the integrated Level 2 Coaching Course component Certificates may be summarised as follows:

Grade 2 Certificate 1: “Coaching & Developing the Individual & Team”

This course is generally conducted by Basketball NSW in October-November each year over a whole weekend in conjunction with the Senior Waratah Development Program Hi-Performance camp. The course is advertised in advance on the BNSW web site at www.nswbasketball.net.au, along with application forms, cost and course details. BNSW will provide resource materials and workbook as required. Coaches will need to purchase the appropriate text(s) separately. Coaches are required to prepare assessment materials prior to the course and will be provided with information, task details and resource materials prior to the course.

Grade 2 Certificate 2: “Coaching the Game & Role of the Coach”

This course is generally conducted by Basketball NSW approximately annually, over a weekend. The course is advertised in advance on the BNSW web site at www.nswbasketball.net.au, along with application forms, cost and course details. Potential applicants should watch the BNSW web site as announcements of upcoming courses will be placed when they are scheduled. BNSW will provide resource materials and workbook as required. Coaches will need to purchase the appropriate text(s) separately. Coaches may be required to prepare assessment materials prior to the course and will be provided with any necessary information, task details and resource materials prior to the course.

Grade 2 Certificate 3 Application: “Principles of Training, Planning and Sports Medicine”

This course is conducted by Basketball NSW by correspondence. The course is advertised on the BNSW web site at www.nswbasketball.net.au, along with application forms, cost and course details. BNSW will provide resource materials and workbook as required. Coaches will need to purchase the appropriate text(s) separately. Coaches are required to complete and submit assessable workbooks and tasks to BNSW for assessment.

Grade 2 Certificate 4 Application: “Science in Coaching”

This course is conducted by Basketball NSW by correspondence. The course is advertised on the BNSW web site at www.nswbasketball.net.au, along with application forms, cost and course details. BNSW will provide resource materials and workbook as required. Coaches will need to purchase the appropriate text(s) separately. Coaches are required to complete and submit assessable workbooks and tasks to BNSW for assessment.

Grade 2 Special Request Form for RPL for Certificates 3 & 4

Coaches who believe that they meet the requirements for Recognised Prior Learning should refer to the more detailed information that follows before making application to BNSW with the appropriate supporting evidence.

Grade 2 Certificate 5: “Grade 2 Practical Basketball Coaching”

Coaches who believe that they meet the requirements for award of the Grade 2 Certificate 5: “Grade 2 Practical Basketball Coaching” should refer to the more detailed information that follows and BNSW web site at www.nswbasketball.net.au in the Coaching Course section, before making application to BNSW with the appropriate supporting evidence.

Application for Level 2 Coaching Certificate & Accreditation

Refer to BNSW web site at www.nswbasketball.net.au in the Coaching Course section.

Application & Certificate Fees Structure for L2 Components

Refer to BNSW web site at www.nswbasketball.net.au in the Coaching Course section.

Course Structure

The Level 2 Coaches Course provided by BNSW consists of:

Basketball NSW Grade 2 Coaching Course Certificate 1: "Coaching and Developing the Individual and Team"

Topics content:

- Team Offence (Level 2 – Unit 1)
- Transition Offence and Defence (Level 2 – Unit 2)
- Team Defence (Level 2 – Unit 3)
- Zone Offence and Defence (Level 2 – Unit 4)
- Individual Player Development (Level 2 – Unit 5)

Basketball NSW Grade 2 Coaching Course Certificate 2: "Coaching the Game and the Role of the Coach"

Topics content:

- Coaching the Game (Pre-game)
- Coaching the Game (Game time)
- Professional Development Pathways
- Risk Management
- Self-Reflection for Coaches
- Resource Management for Coaches
- Ethical Issues in Coaching
- Coaching Indigenous Athletes
- Working With Officials

This certificate covers all or part of the following Level 2 Units:

Coaching the Game (Pre-Game) – (Level 2 – Unit 11)

Coaching the game (Game Time) – (Level 2 – Unit 12)

Professional Development Pathways - (Level 2 – Unit 13)

Role of the Coach (Legal and Ethical) - (Level 2 – Unit 14)

Basketball NSW Grade 2 Coaching Course Certificate 3: "Principles of Training, Planning and Sports Medicine"

Topics content:

- Principles of Training
- Endurance Training

- Speed, Strength and Power Training
- Flexibility Training
- Planning and Periodisation
- Sports Medicine
- Drugs in Sport

This certificate covers all or part of the following Level 2 Units:

Managing a Sports Science Program – Physiology – (Level 2 – Unit 8)

Sports Injury Management and Prevention – (Level 2 – Unit 9)

Planning (Periodisation) – (Level 2 – Unit 10)

Basketball NSW Grade 2 Coaching Course Certificate 4:

"Science in Coaching"

Topics content:

- Nutrition
- Sports Psychology
- Communication
- Functional Anatomy
- Biomechanics
- Development and Maturation
- Teaching Methods
- Skill Acquisition

This certificate covers all or part of the following Level 2 Units:

Nutrition – (Level 2 – Unit 6)

Managing a Sports Science Program – Psychology – (Level 2 – Unit 7)

Managing a Sports Science Program – Physiology – (Level 2 – Unit 8)

Communication – (Level 2 – Unit 15)

Basketball NSW Grade 2 Coaching Course Certificate 5:

"Practical Basketball Coaching – Grade 2"

What Must a Coach Do to Complete the Component Basketball NSW Certificates that Make Up the Level 2 Coaching Course?

BNSW Grade 2 Coaching Course Certificate 1:

"Coaching and Developing the Individual and Team"

This course is a two day, "on floor and in seminar room" workshop with a strong practical emphasis. The coach must attend and participate in this course in person. It is designed for presentation over one full weekend, with participants bringing in some prepared work with them. Information and resources necessary to prepare work is sent to participants when they enrol and pay their participation fee for the course.

BNSW Grade 2 Coaching Course Certificate 1 courses will be held over a weekend at an advertised venue in NSW that has appropriate basketball court and audio-visual seminar facilities. The course is presented when demand warrants and will be advertised on the BNSW web site when available. Application forms and course cost details will be available on the BNSW web site at that time.

Pre-Requisites:

Pre-requisite requirements that applicant coaches must have already completed BEFORE applying to participate in this BNSW Grade 2 Coaching Course Certificate 1:

:

- Must have completed the Level 1 Basketball Coaching Certificate (with **current** NCAS accreditation)
- Must have been an **active** basketball coach for a minimum of 3 years
- Must be 18 years of age or older

Resource Requirements:

Participants will require:

- Level 2 Basketball Coaching Manual – is available for purchase from Sales Section at the Basketball NSW Office – Phone 97462969. Coaches will need to arrange to have a copy of this manual for this course.
- "Video Self Analysis – A Lens on Coaching" Manual – is available for purchase from Sales Section at the Basketball NSW Office – Phone 97462969. Coaches will need to arrange to have a copy of this manual for this course.
- Course Background Resources – will be supplied to each coach after they have enrolled in the course and forwarded payment. These resources will include pre-work that forms part of the assessment and needs to be completed and brought along to the course by the coach.

BNSW Grade 2 Coaching Course Certificate 2:

"Coaching the Game and the Role of the Coach"

This course consists of two parts. One is a seminar component, consisting of a one day seminar room presentation and workshop. The second is a practical component where the coach is required to attend and effectively participate in a BNSW Senior Waratah Under 17 Hi Performance Camp over two days.

The coach must attend and participate in both components of this course in person. The seminar component is designed for presentation over one full day, or over a series of evenings, with participants bringing in some prepared work with them. Information necessary to prepare work is sent to participants when they enrol and pay their participation fee for the course.

In addition, the candidate must attend and participate in the coaching program at a BNSW Senior Waratah Under 17 Hi Performance Camp over two days. The coach will be evaluated by a senior supervising coach during the course of the camp and will be involved in assisting in coaching the players and assisting in preparation of the teams for the challenge matches during the weekend. Cost for this component will include meals and overnight stay at the stadium during the camp if necessary. Coaches must complete the first seminar component before being eligible to complete the second practical component.

BNSW Grade 2 Coaching Course Certificate 2 course seminar component will usually be held at the BNSW offices at Homebush in Sydney. It may at times be offered at other venues. The course is presented when demand warrants and will be advertised on the BNSW web site when available. Application forms and course cost details will be available on the BNSW web site at that time.

Pre-Requisites:

Pre-requisite requirements that applicant coaches must have already completed BEFORE applying to participate in this BNSW Grade 2 Coaching Course Certificate 2:

:

- Must have completed the Level 1 Basketball Coaching Certificate.

- Must have been an **active** basketball coach for a minimum of 3 years.
- Must be 18 years of age or older

Resource Requirements:

Participants will require:

- Level 2 Basketball Coaching Manual – is available for purchase from Sales Section at the Basketball NSW Office – Phone 97462969. Coaches will need to arrange to have a copy of this manual for this course.
- "Better Coaching" (2nd Edition) Manual – is available for purchase from Sales Section at the Basketball NSW Office – Phone 97462969. Coaches will need to arrange to have a copy of this manual for this course.
- Course Background Resources – will be supplied to each coach after they have enrolled in the course and forwarded payment. These resources will include pre-work that forms part of the assessment and needs to be completed and brought along to the course by the coach.

BNSW Grade 2 Coaching Course Certificate 3:

"Principles of Training, Planning and Sports Medicine"

This is a correspondence course. The coach must enrol in the course and pay course fees to BNSW. They may do so at any time convenient to the coach. It is designed as an extensive unit to be completed in workbook format. Participants will complete their supplied workbooks then submit them to BNSW for assessment. Workbooks and other information necessary to complete the course will be sent to participants when they enrol and pay their participation fee for the course.

BNSW Grade 2 Coaching Course Certificate 3 courses may be undertaken by correspondence by coaches who meet the pre-requisites at any time. Application forms and course cost details will be available on the BNSW web site.

Pre-Requisites:

Pre-requisite requirements that applicant coaches must have already completed BEFORE applying to participate in this BNSW Grade 2 Coaching Course Certificate 3:

:

- Must have completed the Level 1 Basketball Coaching Certificate (with **current** NCAS accreditation), or have completed the Level 1 General Principles Coaching Certificate (with **current** NCAS accreditation) OR hold an appropriate tertiary qualification that they must substantiate when they apply for the course (eg Sports Science Degree – with subjects taken and passed substantiated).
- Must have been an **active** basketball coach for a minimum of 3 years.
- Must be 18 years of age or older

Resource Requirements:

Participants will require:

- "Better Coaching" (2nd Edition) Manual – is available for purchase from Sales Section at the Basketball NSW Office – Phone 97462969. Coaches will need to arrange to have a copy of this manual for this course.
- Course Background Resources and Workbook – will be supplied to each coach after they have enrolled in the course and forwarded payment.

BNSW Grade 2 Coaching Course Certificate 4:

"Science in Coaching"

This is a correspondence course. The coach must enrol in the course and pay course fees to BNSW. They may do so at any time convenient to the coach. It is designed as

an extensive unit to be completed in workbook format. Participants will complete their supplied workbooks then submit them to BNSW for assessment. Workbooks and other information necessary to complete the course will be sent to participants when they enrol and pay their participation fee for the course.

BNSW Grade 2 Coaching Course Certificate 3 courses may be undertaken by correspondence by coaches who meet the pre-requisites at any time. Application forms and course cost details will be available on the BNSW web site.

Pre-Requisites:

Pre-requisite requirements that applicant coaches must have already completed BEFORE applying to participate in this BNSW Grade 2 Coaching Course Certificate 4:

:

- Must have completed the Level 1 Basketball Coaching Certificate (with **current** NCAS accreditation), or have completed the Level 1 General Principles Coaching Certificate (with **current** NCAS accreditation) OR hold an appropriate tertiary qualification that they must substantiate when they apply for the course (eg Sports Science Degree – with subjects taken and passed substantiated).
- Must have been an **active** basketball coach for a minimum of 3 years.
- Must be 18 years of age or older

Resource Requirements:

Participants will require:

- "Better Coaching" (2nd Edition) Manual – is available for purchase from Sales Section at the Basketball NSW Office – Phone 97462969. Coaches will need to arrange to have a copy of this manual for this course.
- Course Background Resources and Workbook – will be supplied to each coach after they have enrolled in the course and forwarded payment.

BNSW Grade 2 Coaching Course Certificate 5:

"BNSW Practical Basketball Coaching - Grade 2"

Candidates must complete their **one season** (or acceptable equivalent) of active basketball coaching. This **one season** must be as a head coach of a team that is being coached to play on a regular basis throughout a competition season. They must train regularly, at least once a week through the preseason and the competition season. The specified season may occur during the prerequisite three years of active coaching needed to apply for this certificate. They must have the certificate on their record sheet signed by their Director of Coaching or equivalent person and submit it to BNSW with the appropriate fee. Application and certificate forms and course cost details will be available on the BNSW web site.

Pre-Requisites:

Pre-requisite requirements that applicant coaches must have already completed BEFORE applying for recognition as holder of BNSW Grade 2 Coaching Course Certificate 5:

Must have successfully been awarded:

BNSW Grade 2 Coaching Course Certificate 1:

BNSW Grade 2 Coaching Course Certificate 2:

And must have been an **active** basketball coach for a minimum of 3 years.

before they apply for BNSW Grade 2 Coaching Course Certificate 5: Practical Basketball Coaching - Grade 2

Once I Have Completed All Five BNSW Grade 2 Coaching Course Certificates, How Do I Apply To Be Awarded the Level 2 Basketball Coaching Certificate?

- Complete the Level 2 Basketball Coaching Course Official Application Form and send it to Basketball NSW with the appropriate fee and supporting documentation.
- Application information, application forms and cost details will be available on the BNSW web site.
- Candidates must submit evidence of successful completion of the **five** BNSW Grade 2 Coaching Course Certificates (eg submit copies of their certificates).
- Candidates must sign and return the appropriate agreements to abide by the coaching behavioural, child protection and ethical policies as set out in the documentation provided.
- Candidates must be a member of the Australian Basketball Coaches Association (ABCA) and include their membership details. (If not a member you can join by going to the Basketball Australia web site at www.basketball.net.au click on "The Game", then click on "Coaching" and you will be able to find out all about joining ABCA).
- Candidates will then receive their certificate and registration card by mail.

Recognition of Prior Learning (RPL)

Special Situation:

Coaches who hold a current ASC Coaching General Principles Level 2 Course Certificate and present evidence of same, may apply for automatic RPL (Recognition of Prior Learning) towards the BNSW Grade 2 Coaching Course Certificate 3 and the BNSW Grade 2 Coaching Course Certificate 4 (provided that they meet the other pre-requisites). They will be required to satisfactorily complete and submit a standard supplementary BNSW workbook by correspondence, plus present evidence of their ASC Coaching General Principles Level 2 Course Certificate and its currency.

Click here for Grade 2 – Certificates 3 & 4 course special request for RPL information and application form

General Situation:

Candidates may apply for RPL (Recognition of Prior Learning) for all or parts of the Level 2 course. Candidates will be required to document their prior learning in writing, attaching relevant copies of certificates or academic transcripts, and submit it to the BNSW Coaching Department. The candidate may be required to further demonstrate their expertise in a particular area by written, oral, practical demonstration or interview. All applications for RPL will be assessed against the Level 2 competency standards. There is no prior guarantee that full or partial RPL will be granted when a request and submission is made.

Coaches with the following qualifications/experiences may be eligible for RPL:

- PE/Coaching Degree
- Completed ASC Coaching General Principles Level 2 Course through an ASC approved agency.
- Overseas qualified coaches.
- Coaches with extensive coaching experience at the required level.

Assessment Principles that an RPL application is measured against:

Validity - is the evidence relevant to the competency required

Authenticity - is the evidence a true reflection of the candidate's competence
Sufficiency - is there enough evidence to demonstrate competence.
Currency - is the evidence recent (within 4 years is recommended)
Any person wishing to make a general application for RPL should contact the Coaching Department at Basketball NSW to obtain a copy of the Level 2 Basketball Coaching Course curriculum that details the specific course content that they must present substantiation evidence to cover.

BNSW GRADE 2 & LEVEL 2 COACHING CERTIFICATES FEES AND CHARGES

These fees and charges are correct at the time of publication, but are subject to change without notice. Fees may also have changed and the BNSW web site notice may have not yet been amended. Please contact BNSW to confirm the current fees and charges before submitting payments

NB: Manuals required for the courses are detailed in the "Level 2 Course Information Sheets". They are not included in course prices listed below and must be purchased separately from the sales department of the BNSW office. Sales can be contacted on (02) 97462969 or Fax (02) 97461457

All cheques, money orders etc should be made payable to "Basketball NSW". You can pay by credit card by completing the credit card payment section on the appropriate application form. Payments can be made in person at the BNSW Offices, Building A - 7 Underwood Road, Homebush, NSW, 2140. Please do not send cash through the mail.

Basketball NSW Grade 2 Coaching Course 1:

"Coaching and Developing the Individual and Team"

See separate notice on BNSW web site as each individual course is scheduled & advertised

Basketball NSW Grade 2 Coaching Course 2:

"Coaching the Game and Role of the Coach"

See separate notice on BNSW web site as each individual course is scheduled & advertised

Basketball NSW Grade 2 Coaching Course 3:

"Principles of Training, Planning and Sports Medicine"

\$85.00 (GST Inclusive)

Basketball NSW Grade 2 Coaching Course 4:

"Science in Coaching"

\$85.00 (GST Inclusive)

Basketball NSW Grade 2 Coaching Course 5:

"BNSW Grade 2 Practical Basketball Coaching"

\$35.00 (GST Inclusive)

Basketball NSW Grade 2: Course Certificates 3 & 4, special request for RPL processing and supplementary assessment if required

\$85.00 (GST Inclusive) – (NB: RPL may not necessarily be granted – no refunds)

Level 2 Basketball Coaching Certificate & Accreditation Application:

\$20.00 (GST Inclusive)

Thank you for your interest in BNSW coaching courses. Enjoy your coaching!

Kind regards

Bob Sim

BNSW Manager – Player/Coach Education