

# 2006 BASKETBALL NSW LEVEL 1 BASKETBALL COACHING CERTIFICATE

Basketball NSW is proud to present the Level 1 Coaching Course in an alternate format that will suit applicants who are not available at weekends. The Course has been broken into 5 modules (2.5 hours each) and allows participants to make up any module they may miss later in the year.

The Level 1 Basketball Coaching Certificate is part of the National Coaching Accreditation Scheme. The course covers general coaching principles with an emphasis on having sound knowledge of the skills and principles of basketball as well as better organisation of practice sessions, appropriate methods of teaching, correcting techniques and methods of analysing an athlete's performance

---

## THEORY SESSIONS AT BASKETBALL NSW HEAD OFFICE – BUILDING A, 7 UNDERWOOD ROAD HOMEBUSH

**Module 1** - Rules of the Game, Planning, Starting Practice, Game Coaching

**Module 2** - Referees, Sports Safety, Physical Conditioning, Child Protection, Coaching Better

## ON COURT SESSIONS AT AUBURN BASKETBALL STADIUM – WYATT PARK [OFF CHURCH STREET] LIDCOME

**Module 3** - Shooting, Individual Offence & Defence [part 1]

**Module 4** - Individual Offence & Defence [part 2] & Team Offence & Defence [part 1]

**Module 5** - Team Offence & Defence [part 2] & Rebounding

---

## INVESTMENT FOR THE 2006 LEVEL 1 BASKETBALL COACH COURSES

**\$95.00** (\$75.00 for BNSW members) - *includes accreditation fee*

Plus **\$40.00** for Level 1 Coaching Manuals (\$38.00 for BNSW Members), GST included

### Course 1

Module 1 – Monday 27<sup>th</sup> February

Module 2 – Monday 6<sup>th</sup> March

Module 3 – Monday 13<sup>th</sup> March

Module 4 – Monday 20<sup>th</sup> March

Module 5 – Monday 27<sup>th</sup> March

### Venues

#### Modules 1 and 2

**BNSW Office**, 7A Underwood Road, Homebush

#### Modules 3, 4 and 5

**Auburn Basketball Centre**, Wyatt Park  
(Enter off Church St), Lidcombe

Times: **Modules are 6.15 to 8.45pm each night**

Participants need to come appropriately dressed (sports clothes and shoes) for both practical and theory sessions (some activity required in theory sessions).

### Course 2

Module 1 – Monday 30<sup>th</sup> October

Module 2 – Monday 6<sup>th</sup> November

Module 3 – Monday 13<sup>th</sup> November

Module 4 – Monday 20<sup>th</sup> November

Module 5 – Monday 27<sup>th</sup> November

### Venues

#### Modules 1 and 2

**BNSW Office**, 7A Underwood Road, Homebush

#### Modules 3, 4 and 5

**Auburn Basketball Centre**, Wyatt Park  
(Enter off Church St), Lidcombe

Times: **Modules are 6.15 to 8.45pm each night**

Participants need to come appropriately dressed (sports clothes and shoes) for both practical and theory sessions (some activity required in theory sessions).

Please see the Coaching Section of the BNSW website at [www.nswbasketball.net.au](http://www.nswbasketball.net.au) for more information and to download the registration form for the Level 1 Basketball Coaching Course or contact Michael D'Agostino, BNSW Participation and Development Officer on **02 97462969** for further information.