

Basketball New South Wales
Presents

Running an Efficient Training Session



A free clinic for all basketball coaches

6.30pm – 8pm Xavier High School,
Fallon Street, North Albury
Wednesday, February 20, 2008

Presented by NSW NITCP Head Coach
Peter Lonergan

This free clinic will include:

- Detailed practice plan
- Drills to cover offensive & defensive fundamentals
- Basic team offensive team concepts
- Introduction to team defence

The clinic is suitable for coaches of junior & senior teams, with all coaches receiving detailed notes.

To register, e-mail

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